

## Thinking Forward

# What Blesses One Blesses All I Humanity & the Environment 4.22.21 Resource List

By Shannon Horst

### Podcasts/ Talks

<u>Bobby Gill: It's Not the Cow It's the How</u>: In this thought-provoking Ted Talk, Bobby Gill of the Savory Institute discusses the symbiosis between grasslands and grazer, and why everyone -- regardless of dietary choice -- depends on properly-managed livestock for regenerating these dying landscapes.

How to fight desertification and reverse climate change This podcast goes deeper into the relationship of living things and how/why humans end up destroying things even when they don't intend to.

What Matters Most | Allan Savory A highly expansive conversation with legendary African environmentalist Allan Savory on the challenges we find in front of us and the paradigm shifts that would enable us to work together to thrive in the years to come.

### **Documentaries**

<u>Kiss the Ground</u> *Kiss the Ground* is a documentary narrated by Woody Harrelson that sheds light on a "new, old approach" to farming called "regenerative agriculture" that has the potential to balance our climate, replenish our vast water supplies, and feed the world. You can find it on Netflix.

To Which We Belong To Which We Belong is a documentary that highlights farmers and ranchers leaving behind conventional practices that are no longer profitable or sustainable. These unsung heroes are improving the health of our soil and sea to save their livelihoods—and our planet. The film is not generally available but I would encourage our audience to follow it and see it when it does become available

#### **Books & Articles**

<u>Resource Library – Savory Institute</u> The best overall resource library for the ideas Shannon shares.

<u>Holistic Management Textbook – Savory Institute</u> The library includes the seminal work on which much of the regenerative movement is built. This book outlines Savory's paradigm-changing vision for reversing desertification, stemming the loss of biodiversity, eliminating fundamental causes of human impoverishment throughout the world, and climate change.

<u>Soil as Carbon Storehouse: New Weapon in Climate Fight?</u> An article from Yale University with more technical detail on soil carbon, atmospheric carbon, etc.

<u>Can Soil Solve the Climate Crisis?</u> An article by one of the pre-eminent soil scientists working on climate change issues.